



## **Grieving, Sharing, and Healing: A Guide for Facilitating Early Adolescent Bereavement Groups (illustrated edition)**

By Rekha Murthy, Lisa-Lorraine Smith

Research Press Inc., U.S. Paperback. Book Condition: new. BRAND NEW, Grieving, Sharing, and Healing: A Guide for Facilitating Early Adolescent Bereavement Groups (illustrated edition), Rekha Murthy, Lisa-Lorraine Smith, For use in schools and other settings. The authors focus on building a culture of mutual aid within a bereavement group - a place where young adolescents learn to help each other cope and come to terms with death, loss, and grief. The safety of the group allows youth to express emotions and confront feelings such as regret, anger, and guilt. The first part of the book provides detailed information on how to plan, organize, and implement a bereavement group with this vulnerable population. The second part provides a 12-week curriculum containing a variety of reading, writing, discussion, and art activities. The program was developed and field-tested over the past 10 years by the Children's Bereavement Project, a community-based organization located in New York City. Appendices contain sample letters, permission slips, schedules, and other helpful information for implementing the program.



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