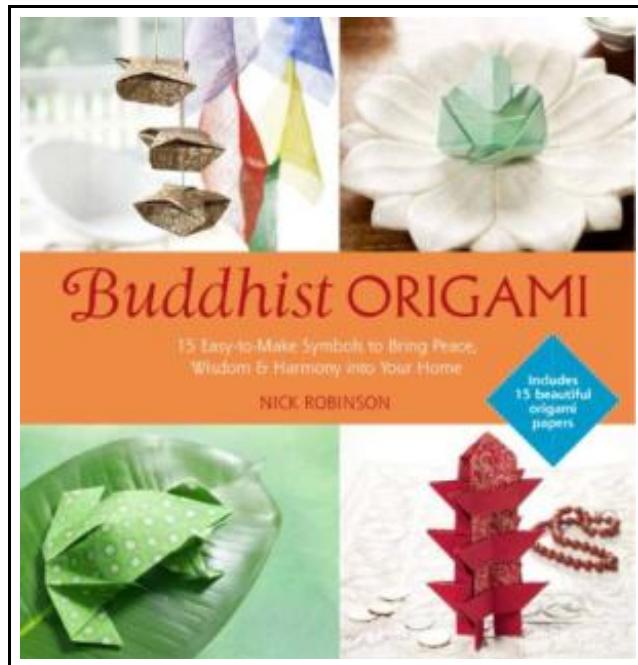


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Watkins Media. Paperback. Book Condition: new. BRAND NEW, Buddhist Origami: 15 Easy-to-Make Symbols for Gifts or Keepsakes, Nick Robinson, The seated meditating Buddha is a popular sculptural figurine, conveying an ambience of sacred peace and love. Such an ornament is a perfect reminder, for tabletop or mantelpiece, of life's higher values. Rendered in origami, a seated Buddha gives you the added satisfaction of being the product of your own mindful workmanship. It's an ambitious project. But if you build up to this level gradually, by way of crafting simple Buddhist symbols such as the parasol, the dream flag and the lotus flower, then it should be well within your capabilities. Including 15 sheets of origami paper and detailed instructions, as well as inspiring photographs, this unique book equips readers to make 15 Buddhist symbols simply through artful paper folding. The book offers something new to seekers of inner peace and wisdom and to the many fans of origami worldwide. The author, a renowned origami artist, begins by explaining the spiritual dimension of origami, showing how this connects with Zen principles in releasing the possibilities inherent in paper. He describes basic origami techniques before presenting 15 projects, which progress from simple symbols suitable for beginners to the piece de resistance - the Buddha! Each project comes with clear step-by-step artworks and photography to guide you. Uplifting quotations and superb photography will inspire all wishing to use their completed Buddhist sculptures for meditation.

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